



COLLIN COUNTY RESOURCE GUIDE



ALL COMMUNITY outreach

All Community Outreach (ACO)

Phone: 972-727-9131 | **Website:** acocares.org

Appointment: Apply online and email documents to intake@acocares.org.

Information: ACO offers Income Support including food, clothing, utility and housing/rental assistance, medical visits and prescriptions assistance; and Education and Employment Services including GED classes, college assistance, financial coaching, and career counseling.



Anthem Strong Families

Phone: 214-426-0900 | **Website:** anthemstrongfamilies.org

Appointment: Register online.

Information: Anthem Strong Families offers parenting classes and support groups for parents living in Collin County. Services are offered in Spanish and English at a free or reduced cost.



Assistance Center of Collin County

Phone: 972-422-1850 | **Website:** assistancecenter.org

Appointment: Call to make an appointment

Information: The Assistance Center of Collin County offers financial assistance with rent or utilities to individuals and families experiencing a financial crisis who reside within Collin County. Applicants must be willing to provide identification for all household members, proof of all household income and proof of residency and documentation of their current crisis. Initial applications must be made over the phone. If approved, applicants will come into the center to meet caseworkers to discuss their situation and financial plan. The Assistance Center also offers the following services to Plano ISD residents: Food Pantry, Clothes Closet, school supplies for Pre-K-12th Grade, Christmas gifts for children, and Thanksgiving meals. The Assistance Center also provides financial education and homelessness support services.

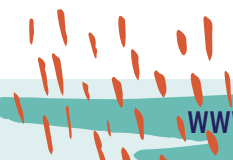


Catholic Charities of Dallas-Together We're Better Program

Phone: 469-504-5491, 469-799-3659, 469-799-3541

Appointment: Call number to register to get on the waitlist for next program cycle.

Information: The Together We're Better Program is a 16-week mobile parenting and early childhood program that focuses on building reading skills and a positive relationship with your child. You and your child will receive caring instruction for parenting and early childhood classes once a week along with diapers, food, and early childhood activities. Services Dallas, Kaufman, and Collin County.





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Collin Adult Education and Literacy

Phone: 972-349-4550 | **Website:** collinael.com

Appointment: Register online or call to register.

Information: Collin Adult Education and Literacy serves Collin County by providing English as a second language (ESL), High School Equivalency (HSE) & GED preparation, Citizenship Classes and Career Pathway classes (higher education) at no cost. Classes are offered in person and online.



COLLIN ADULT EDUCATION
AND LITERACY

Family Compass

Family Compass-Growing As Parents Collin County

Phone: 972-633-6726 | **Website:** family-compass.org

Appointment: Register online.

Information: Growing As Parents is a free home tutoring parent education program that provides guidance on building positive parent-child relationships and promotes optimal early development, learning, and healthy children. Families suitable for referral must meet all 4 requirements: are a first or second time parent, are a teen and/or young adult parent, are pregnant or have a child under the age of 3, and live in Collin County.



Family Care Connection

Phone: 972-298-3366 | **Website:** familycareconnection.org

Appointment: Call to register.

Information: Family Care Connection offers parenting education and support in English and Spanish, including prenatal education classes, doula services, maternity/baby clothes bank, relationship classes, and domestic violence education. The services are free and for residents of Dallas, Collin, Denton, Tarrant, and other counties.



HOPE'S DOOR
NEW BEGINNING
CENTER

Building Lives Without Violence

Hope's Door New Beginning Center - Plano Outreach Center

Phone: 972-985-0951 | 800-886-7273 (24 hour direct line)

Website: hdnbc.org

Appointment: Call the first number to schedule an appointment.

Information: Hope's Door New Beginning Center provides hope and healing to victims of domestic violence and their children. They offer free counseling services in Spanish. They also have emergency shelters for temporary housing for survivors and their children fleeing life-threatening situations (limit to 55 women and children). Clients living in these emergency shelters receive food, clothing, and all the necessities of daily living along with case management, safety planning, counseling, legal support, and referrals to other community resources.

Health Services of North Texas at Collin County Center (HSNT)

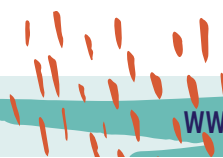
Phone: 940-381-1501 | **Website:** healthservicesntx.org

Appointment: Call to schedule an appointment.

Information: They offer primary care and preventive medical services, family planning, prenatal care, counseling, medication management, chronic and infectious disease care, and prescription assistance.



HEALTH SERVICES
OF NORTH TEXAS
Medical Care for You





COLLIN COUNTY RESOURCE GUIDE



North Texas Food Bank

Phone: 214-269-0906 | **Website:** ntfb.org

Appointment: Call to request assistance.

Information: NTFB helps with the SNAP application and provides information about SNAP in a 13-county service area, including Collin County. They also offer information on food pantries in Collin County.

THE TURNING POINT

SERVING SURVIVORS OF SEXUAL VIOLENCE

The Turning Point - Rape Crisis Center of Collin County

Phone: 972-985-0951 | 1-800-886-7273 (24 hour direct line)

Website: theturningpoint.org

Appointment: Call the first number to request assistance.

Information: Turning Point provides free individual and group counseling services to survivors of sexual violence, ages 13 and older. Referrals for counseling, legal services, follow-up medical care, and shelter are also available. Advocates accompany and support sexual assault survivors through the forensic exam process at this location:

Courtney's SAFE Place is a free clinic that provides forensic exams, evidence collection, and advocacy for people who have experienced sexual assault in the last 120 hours. Courtney's SAFE Place serves adults ages 17 and older, of all genders, who are not currently under the influence of intoxicants, who are in need of emergency hospital services or emergency psychiatric services.



Metropolitan Dallas

United Way - Metropolitan Dallas

Phone: 214-978-0000 | **Website:** unitedwaydallas.org

Appointment: Call to ask about services and/or to receive assistance.

Information: United Way has several programs on education, health, and income, such as after school programs, college and career readiness programs, financial education programs, and programs that encourage healthy eating and exercise, promote sobriety, address health and provide access to primary care. United Way can also help with applying for public benefits and Marketplace enrollment.



Watermark Urgent Care - Plano Clinic

Phone: 972-972-8930 | **Website:** watermarkurgentcare.com

Appointment: No appointments required. Call ahead to check availability.

Information: Watermark Urgent Care offers urgent care for coughs, colds, fever, asthma, infection, minor trauma and injury, and lacerations. They can also provide physical exams, pregnancy tests, lab tests, health education, and information on community resources. Watermark only asks for a donation of \$10 or \$15 to cover costs. If you are unable to donate, let the receptionist know and they will not deny services.